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The role of molecular diagnostics in fungal infections

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Fungal infections

Pose a diagnostic and therapeutic challenge

Invasive fungal infections (IFI)

- An overall rise in mortality due to IFI
- The absence of reliable diagnostic markers for early identification of IFI

Molecular methods in Clinical Mycology

- Polymerase chain reaction-based techniques and other molecular methods have been proven, in several cases, to be fast, cheap and reliable.
- **May provide faster and more sensitive diagnostics**
- **Can detect fungi which grew slowly (such as dermatophytes)**
- **Can detect fungi which cannot be cultured (such as *Aspergillus* in blood)**
- Can be automatised!
- PCR offer the potential for improved outcome in patients with IFI such as *Aspergillus*

Demands of molecular diagnostics in the clinical routine laboratory

- **Easy to use, rapid, automatised**
- **High sensitivity and specificity**
- **Low costs**
- **Friendly to the enviroment**
- **Faster and/or more sensitive and/or cheaper than conventional tests**

The types of clinical specimens most commonly used for molecular diagnostic testing in patients at high risk of IFI include

- serum
- plasma
- whole blood
- bronchoalveolar lavage
- fresh or paraffin-embedded tissue from affected sites
- Other body fluids (such as CSF, pericard fluid, vitreous)

Molecular diagnostics

A range of different DNA extraction protocols and PCR assays:

- Conventional PCR
- Nested PCR
- Nested real-time PCR (LC)
- Real time PCR (TaqMan)
- Real time PCR (LC)

Table 1. Clinical and technical details of studies evaluating the performances of PCR in the diagnosis of IA.

| Gene targeted | Specimen | Extraction | Methodology | Micro-organism detected | Number of patients (samples) | Type of patient | Sensitivity/ Specificity/ PPV/NPV (%) | Detection limit | Ref |
|----------------------|---|----------------------------------|---------------------------------|--|------------------------------|-------------------|--|-----------------|-----------------------|
| Cytochrome b (mtDNA) | Blood, BAL, sputum | Chemical | Real-time PCR (LC) | <i>A. fumigatus</i> , <i>A. clavatus</i> | 333 (1012) | HM, HSCT | 100/92.6/76.5/100 (BAL); 91.7/81.3/49.3/ 98 (Blood) | 10 fg | Buchheid et al. 2004 |
| 28S rDNA | Blood | Chemical + Mechanical disruption | Nested real-time PCR (LC) | <i>A. fumigatus</i> , <i>A. flavus</i> , <i>A. nidulans</i> , <i>A.niger</i> | 203 (401) | HM, HSCT, Other | 92.3/94.6/60/99.3 | 5 CFU.ml-1 | White et al. 2006 |
| 18S rDNA | Plasma | Chemical | Real-time PCR (LC) | <i>Aspergillus spp</i> | 96 (1251) | HM, HSCT | 55/93/40/96 | 40 copies.ml-1 | Kawazu et al. 2004 |
| 18S rDNA | Blood, Biopsies, BAL, CSF, sputum, others | Chemical + Mechanical disruption | Real-time PCR (LC) | <i>A. fumigatus</i> , <i>A. flavus</i> , <i>A. nidulans</i> , <i>A. niger</i> , <i>A. terreus</i> | 379 (1650) | HSCT, SOT, cancer | ns | 2 CFU.ml-1 | Klingspor et al. 2006 |
| 18S rDNA and mtDNA | Biopsies | Freeze-thaw + Chemical | Nested PCR, Gel electrophoresis | <i>A. fumigatus</i> | 21 (ns) | HM, AIDS | n/s | ns | Rickerts et al. 2006 |

HM, Haematological malignancies; SOT, Solid Organ Transplant; HSCT = haematopoietic stem cell transplant, CSF, Cerebrospinal fluid; BAL, Bronchoalveolar lavage; LC, lightCycler; CFU, colony forming unit ; ns, not specified.

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|-----------------------------|-----------------------------------|----------------------------------|--------------------------|---|------------------------------|----------------------|---|--------------------------------------|--------------------------|
| ITS | Biopsies | Chemical | PCR, Gel electrophoresis | Panfungal | 62 (75) | Proven IA | ns | ns | Lau et al. 2007 |
| ITS | Blood, BAL, biopsies, CSF, others | Chemical | Real-time PCR (LC) | <i>A. fumigatus</i> , <i>A. flavus</i> , <i>A. nidulans</i> , <i>A. niger</i> , <i>A. terreus</i> | 31 (31) | Various malignancies | ns | 5-10 CFU/ml (blood), 50 CFU/ml (CSF) | Schabereiter et al. 2007 |
| Cytochrome b (mtDNA) | CSF | Chemical | Real-time PCR (LC) | <i>A. fumigatus</i> , | 6 (35) | HM | ns | 15 CFU/ml | Hummel et al. 2006 |
| 18S rDNA | Blood, biopsies, BAL | Chemical + Mechanical disruption | PCR-ELISA | <i>A. fumigatus</i> , <i>A. flavus</i> , <i>A. nidulans</i> , <i>A. terreus</i> | 36 (241) | HM, SOT | 41.6/66.6/71.4/36.6 (blood), 87.5/58.3/80.7/70 (BAL/biopsies) | ns | Lass-Floerl et al. 2004 |
| Alkaline Protease and mtDNA | BAL | Chemical | PCR, Southern blot | <i>A. fumigatus</i> , <i>A. terreus</i> , <i>A. flavus</i> , <i>A. niger</i> | 249 (ns) | Cancer | 80/93/38/99 | ns | Raad et al. 2002 |

HM, Haematological malignancies; SOT, Solid Organ Transplant; CSF, Cerebrospinal fluid; BAL, Bronchoalveolar lavage; LC, lightCycler; CFU, colony forming unit; n/a, ns, not specified.

PCR methods in Clinical Mycology

The implementation of this technique, has been hampered by

- a lack of standardisation of molecular targets, specimens, extraction protocols, and PCR platforms
- and is therefore urgent that a consensus is reach on the type of specimen, molecular target and technique to be used

The choice of specimen has a great influence on the extraction methodology

Easy to obtain: Serum and blood

Which blood fraction is best to test?

- Serum/plasma : Circulating DNA?
- Blood : yeast cells, hyphael elements, circulating DNA?
- EDTA- blood (Avoid citrate and heparin)

More difficult to obtain and to repeat

- BAL
- CSF
- Pleura
- Biopsi material

PCR recommendations

The current status of the technical and clinical validation of PCR for *Candida* and *Aspergillus* in blood and other fluids does not allow for a recommendation for clinical use.



White PL, Bretagne S, Klingspor L, Melchers WJ, McCulloch E, Schulz B, Finnstrom N, Mengoli C, Barnes RA, Donnelly JP; Juergen Loeffler on behalf of the European Aspergillus PCR Initiative.

Aspergillus PCR: one step closer towards standardisation J Clin Microbiol. 2010 Feb

EAPCRI consensus regarding Aspergillus

A consensus has been reached concerning the best blood fraction to test, blood volume, how to break the fungal cell wall and for DNA extraction

- >3 * whole-blood in EDTA tubes, in order to have access to both the free- and the cell-associated DNA
- white cell lysis buffer
- bead -beating
- either spin columns or an automated DNA extraction method can be performed
- Internal control
- DNA should be eluted < 100ul

*As the fungal load in the circulation of a patient may be less than 1 genome per ml

Which PCR assay is most suitable?

White et al. 2006 compared

- two primer sets (28S and 18S) and three machines
- Light Cycler (Roche)
- TaqMan (Applied Biosystem)
- Rotor-Gene (Corbett Research)

The sensitivity, specificity, NPV, PPV, were higher with the 28S than the 18S primer set

- The platforms influenced the assay
- Sensitivity and NPV were 100% with the Taqman machine
- Specificity and PPV were 100% with the Rotor-Gene system

Which PCR assay is most suitable ?

- The sensitivity of PCR assays with blood samples from healthy donors spiked with *Aspergillus* conidia might not reflect the sensitivity of the assay with clinical blood samples
- we do not know if conidia, hyphal fragments or free circulating DNA are detected
- Genomic DNA from bacteria and virus and parasites may be present

There are certain questions to be addressed using those assays

- The frequency of prospective sampling (2-3 times per week?)
- The number of positive results of a PCR assay required to initiate antifungal therapy is not known (2 consecutive PCR results*)
- How to interpret a single positive test? (A transient presence of fungal DNA might be possible but an infection cannot be excluded)

* Klingspor L, Loeffler J. Med Mycol. 2009
Florent, M., et al., J Infect Dis, 2006
Buchheidt, D., et al., Br J Haematol, 2004
Kawazu, M., et al., J Clin Microbiol, 2004
Hebart, H., et al., J Infect Dis, 2000.

The issues of concern include

- **The validation of the techniques in clinical studies**
- **The correct interpretation of test results**

Clinical validity also needs to be established in large scale prospective trials

- designed to determine the performance and utility of the *Aspergillus* PCR with specimens from high risk populations**

MycAssay™ *Aspergillus* is a molecular diagnostic kit for detection of *Aspergillus* spp. genomic DNA extracted from bronchial samples

This assay offers

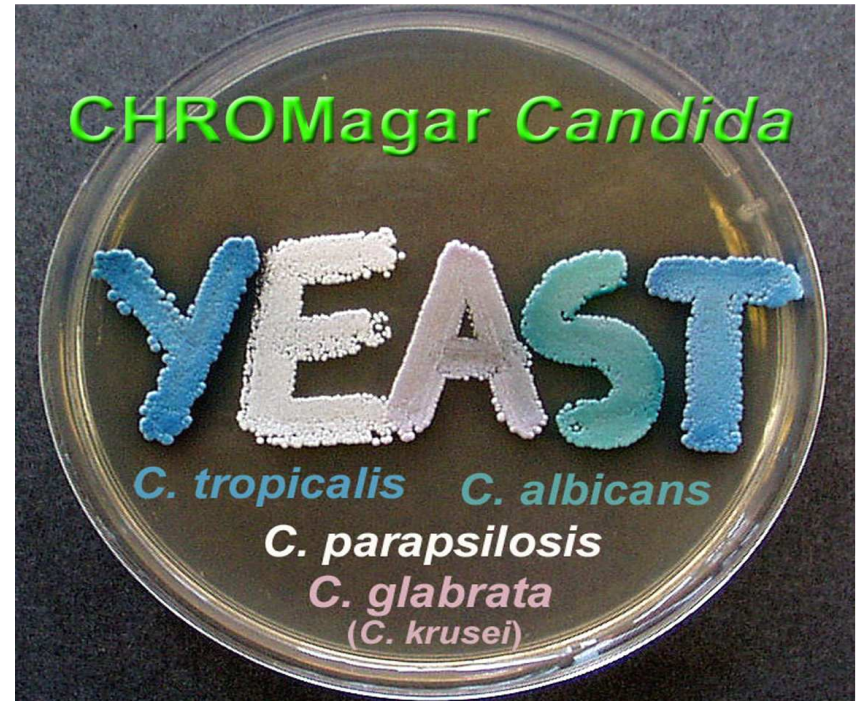
- a commercial, standardised assay for the molecular detection of *Aspergillus*
- fast detection of *Aspergillus* spp. and the potential for increased sensitivity for *Aspergillus* spp
- Sensitivity = 94%; Specificity = 91%;
- PPV = 97%; NPV = 83%

Bronchoalveolar lavage is positive by culture in approximately 40% of cases

Comparison of Whole Blood, Serum and Plasma for Early Detection of Candidemia by Multiplex-Tandem PCR

- Candida DNA was detected in**
- serum (71%)
 - plasma (75%)
 - whole blood (54%)

Lau A, et al. J Clin Microbiol. 2009



Real-time Fungal PCR assay was developed and established June 2002 at Huddinge

DNA extraction

Chemical + Mechanical disruption + Automatic extraction (MagNaPure LC)

For measuring the DNA concentration

NanoDrop ND-1000 Spectrophotometer

Selection of target :Multicopy gene; 18S rRNA gene

Real-Time PCR

LightCycler 2.0

- **Klingspor L and Jalal S. Clin Microbiol Infect. 2006;12(8): 745-53.**

R-T Fungal PCR assay

A method for detection of Candida and Aspergillus DNA

- in EDTA-blood samples [and plasma](#)
- body fluids such as BAL, CSF, bile, pleura, ascites
- in biopsy specimens.



R-T Fungal PCR assay with hybridisation probes

Provides rapid (6 h) and sensitive (2-10 genome) detection of

- Aspergillus and Candida to genus level
- **Identification of Candida to species level**
C.albicans, C.glabrata, C. krusei, C.tropicalis,
C parapsilosis and C.lusitaniae.

Fungal PCR results in tissue from 31 biopsies compared to culture and direct microscopy

- **Candida PCR pos 10 / 31**

- **4 liver**
- **2 colon**
- **2 viterous**
- **1 lung**
- **1 skin**

- **Sensitivity 100%**
- **Specificity 100%**

- **Aspergillus pos 12/31**

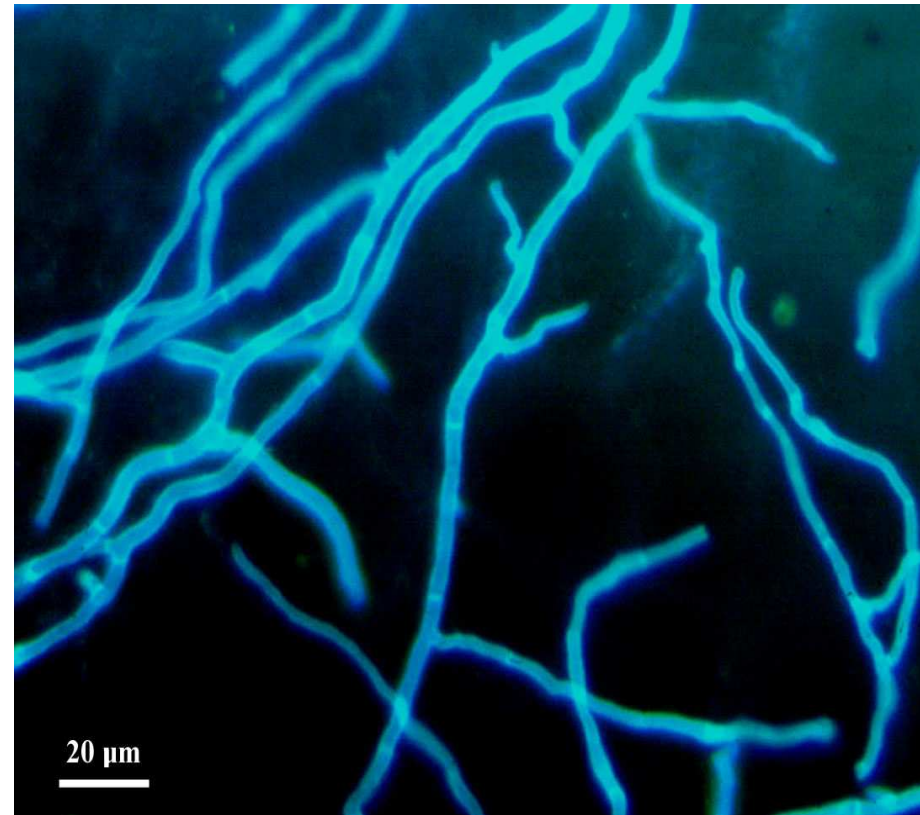
- **1 cerebri 1 kidney**
- **2 cerebellum 2 pleura**
- **2 lung 1 heart**
- **1duodenum 1 liver**
- **1artery**

- **Sensitivity 100%**
- **Specificity 100%**

Dermatophytes

- **Diagnostic**

- Fluorescens microscopi
- Culture 3 weeks
- PCR 5h- 1-day



Molecular detection of dermatophyte species directly from clinical specimens

1. Multiplex PCR –Gelelectrophoresis (5h) nails
2. A PCR-ELISA method (24 h) skin scrapings &nails
3. Real-time PCR (4 h after overnight lysis) nail, skin and hair samples

1. Brillowska-Dabrowska A, et Med Mycol. 2010
2. Beifuss B, et al Mycoses. 2009 Sep
3. Bergmans AM ,et al. Clin Microbiol Infect. 2009

The new ISHAM working group

"PCR-based diagnosis of Dermatophyte infections: on the way to a consensus"

just established!

PCR in combination with:

- **Gelelectrophoresis**

- **ELISA**

- **Sequencing**

- long sequences

- short sequences (Pyrosequencing)

- **In situ hybridisation**

Identification of yeasts and moulds to species level

Conventional methods

Molecular typing of fungal isolates

- *In situ* hybridisation
- Pyrosequencing
- Sequencing

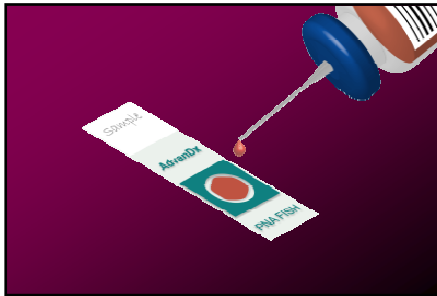
Background

- Increasing incidence of blood infections and invasive infections
- Candida species
 - *C. albicans* (35-65%)
 - Non-Candida albicans:
 - *C. glabrata*
 - *C. parapsilosis*
 - *C. krusei*
 - *C. tropicalis*



Procedure Overview – Simple & Easy

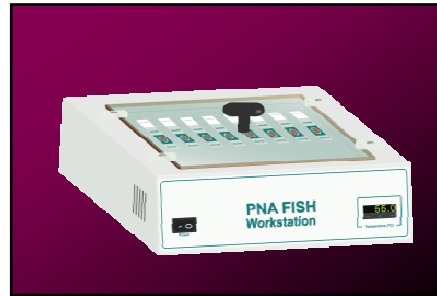
Prepare Smear



20 min.

- Add drop from BC+
- Fix bacteria/yeast onto slide
 - Heat
 - Methanol, or
 - Flame fixation

Hybridize



30 min.

- Add PNA probe
- Probe enters cells and binds to target rRNA sequence, if present

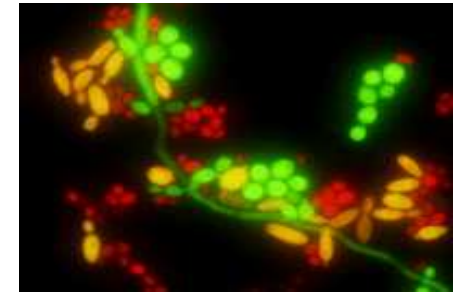
Wash



30 min.

- Immerse slide in Wash Solution
- Unbound and excess PNA probe removed from cells and slide

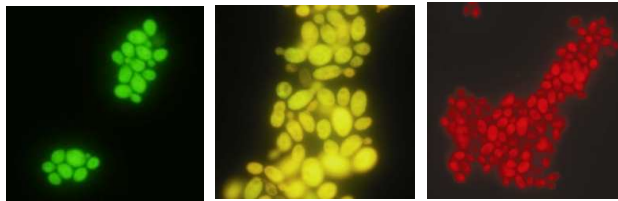
Examine



2 min.

- Fluorescence microscopy using 60x or 100x oil objective
- Target bacteria/yeast fluoresce

Yeast Traffic Light® PNA FISH®

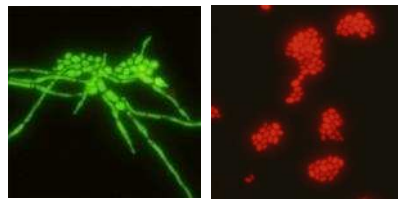


C. albicans
C. parapsilosis

C. tropicalis

C. glabrata
C. krusei

***C. albicans/C. glabrata* PNA FISH®**



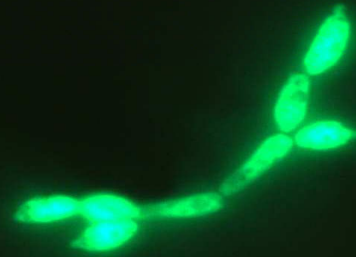
C. albicans

C. glabrata

PNA FISH

Peptid Nucleic Acid= PNA

Fluorecence In Situ Hybridising= Fish



Identification of medically important yeasts by the Pyrosequencing™ technology



Fast - up to 96 samples analysed in less than 6 h

Work flow

Sample preparation



PCR



PCR product preparation



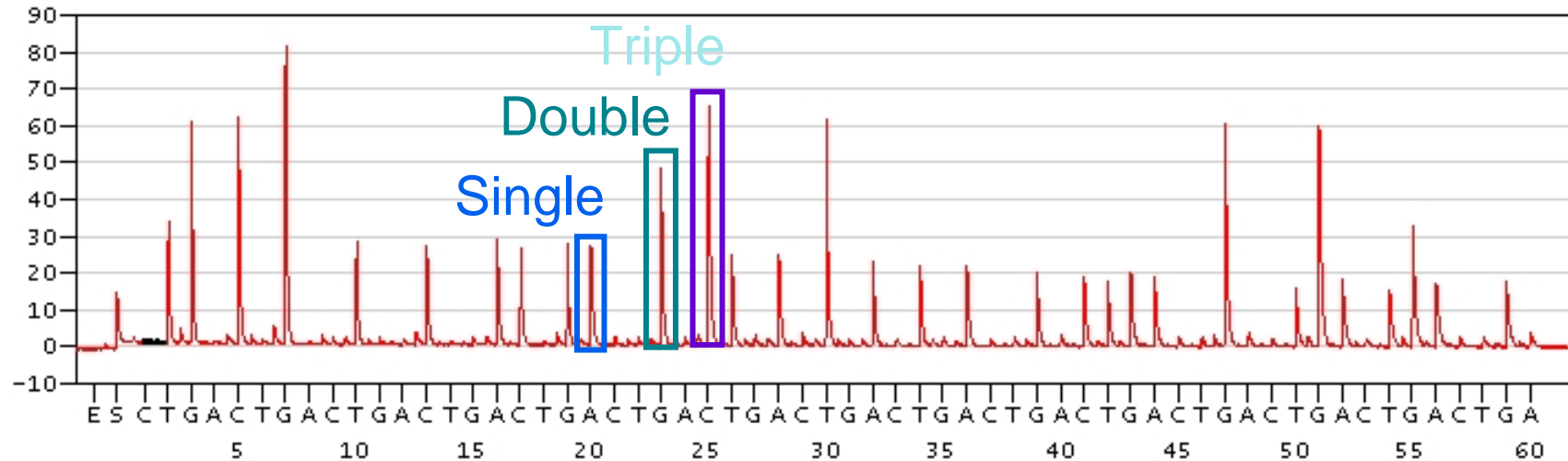
Pyrosequencing



Sequence analyses

**Accurate - identification to species level by
software against local database**

The pyrogram™

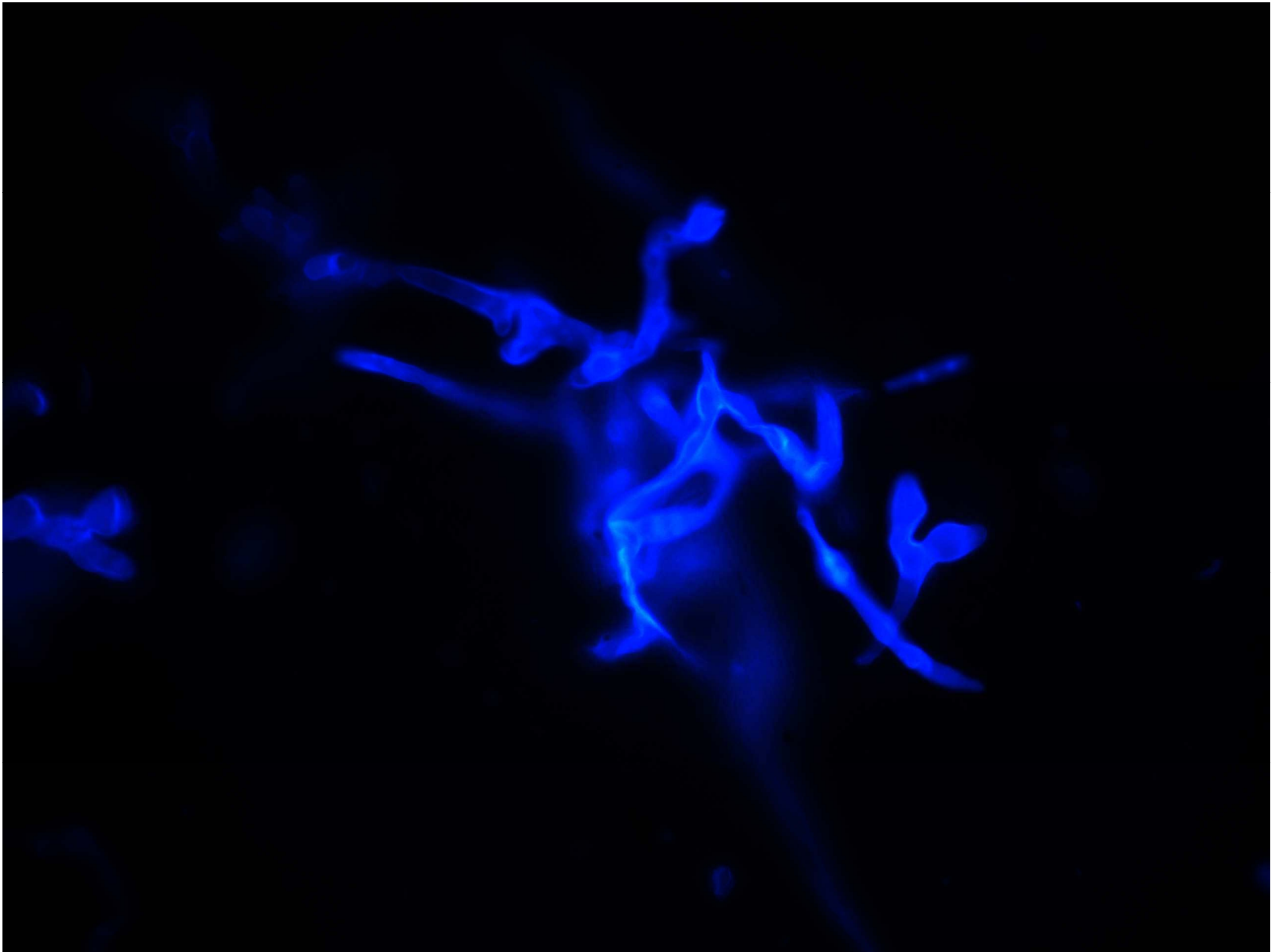


T GG CC GGG T C A C G A GG CCC TA ...

.....peak height is proportional to the number of incorporated nucleotides

Zygomycosis

- **Cultures from infected tissues are often negative**
- **The identification of a Zygomycet in tissue is difficult**
- **Different Zygomycetes share simular morphology according to histopathology/direct microscopy**



New molecular methods for the identification of Zygomycetes in culture and tissue

Culture:

- The identification to species level of a strain isolated from culture

Some Methods: PCR+ sequencing. Real-time PCR

Tissue:

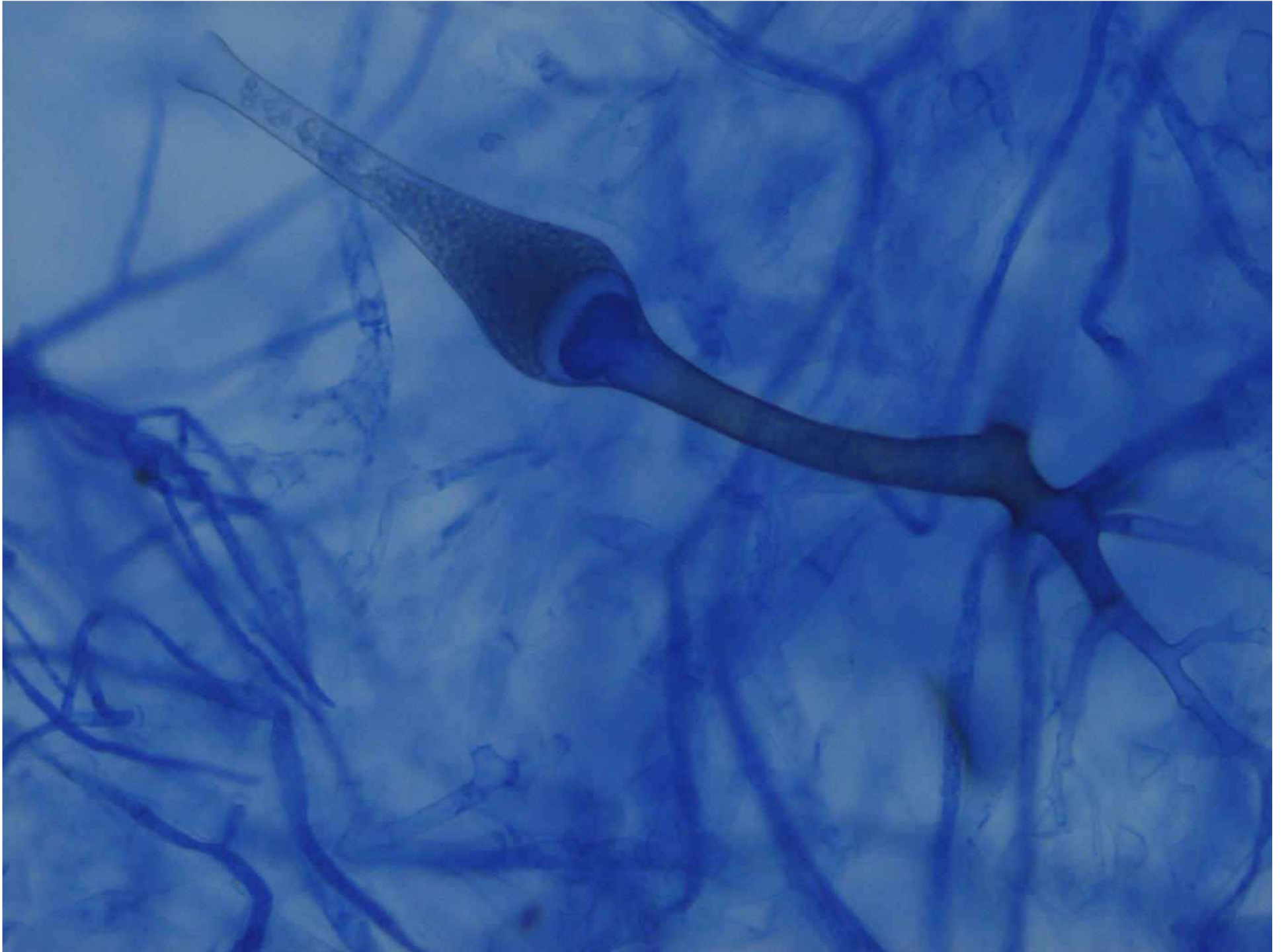
- Unfixed fresh/frozen material
- Formalin-fixed, paraffin-embedded biopsies

Some Methods : PCR+ sequencing, Real-time PCR ,
in situ hybridization

- Standardisation of the techniques are needed
- to improve sensitivity for identification in tissue

Sequencing ABI prisma™

- A technology for long DNA sequences
- 3 – 4 working days
- To identify fungi from cultures (fungi that are difficult to identify by conventional methods)



Molecular diagnostics in fungal infections are here to stay....

BUT standardisation of these techniques are needed

