

# **Treatment of rare and emerging fungal infections**

**EFISG Educational Workshop  
15<sup>th</sup> ECCMID  
April 2, 2005, Copenhagen**

**Helen Sambatakou  
Lecturer in Medicine and Infectious Diseases,  
University of Athens,  
Greece**

# Emerging and rare medically important fungi

- **Dematiaceous moulds** (*Alternaria* sp, *Bipolaris* sp, *Exophiala* sp, *Wangiella Phialophora*, *S. prolificans*, *Cladophialophora bantiana*)
- **Hyaline septate moulds** (*Fusarium* sp, *S. apiospermum*, *Paecilomyces* sp, *Acremonium* sp)
- **Non septate Zygomycetes**
- **Endemic mycoses** ( *Penicillium marneffei*, *Coccidioides immitis*, *Histoplasma capsulatum*)
- *Trichosporon* sp
- Non-albicans yeasts

# Emerging fungal pathogens

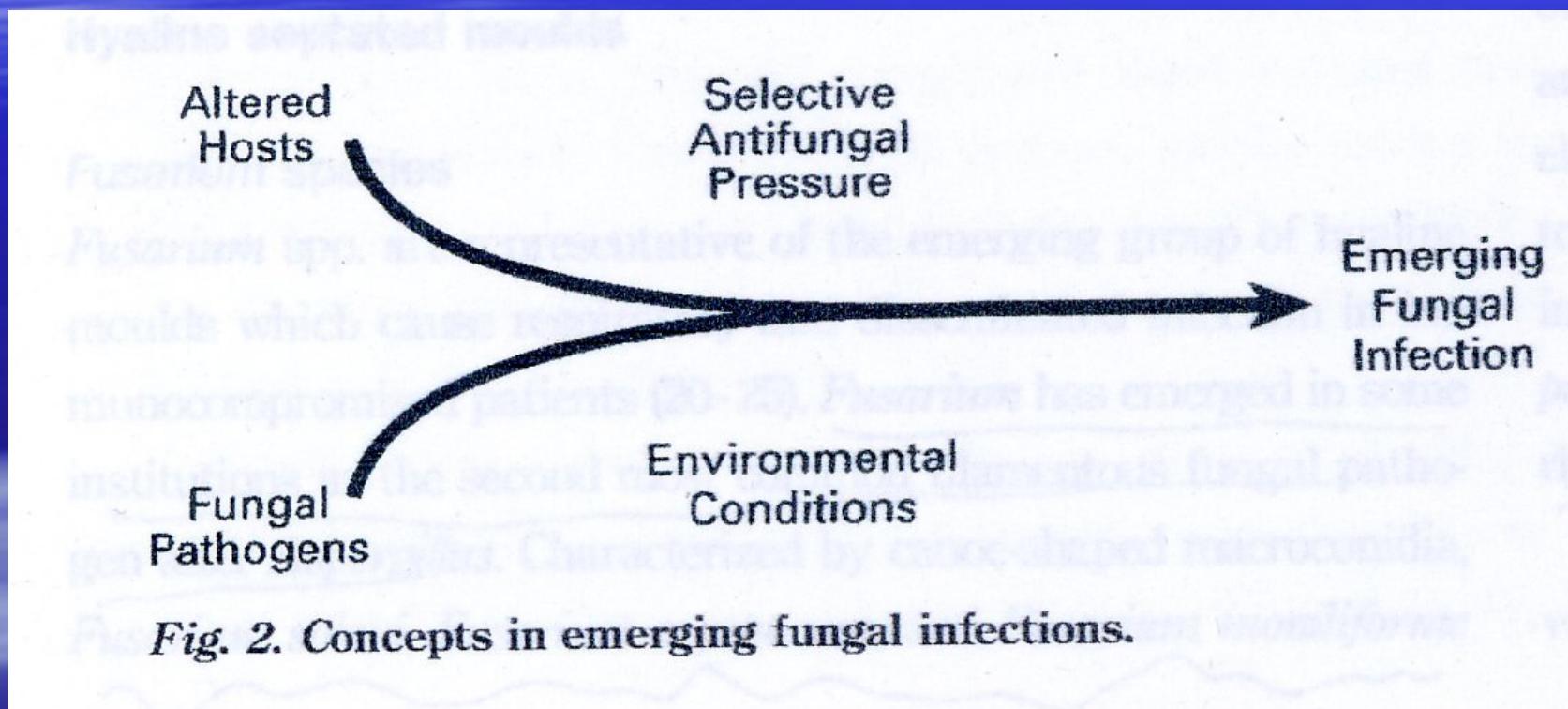
- Changing epidemiology
- Frequent revisions in taxonomy
- Misidentification
- Tendency to be disseminated
- Dismal prognosis
- Refractory to conventional antifungal therapies, limited therapeutic options
- Encouraging results with new antifungals but the available data still scant
- Different amount of information for new compounds
- Given the infrequency, optimal treatment has not been established

# Epidemiological considerations- emerging fungi

- Institutional and/or geographical differences<sup>1,2</sup>
- Antifungal selective pressure
- Clinical outcomes may not correlate with virulence or resistance to drug
- Intensive epidemiologic surveillance is required

1 *Colombo et al Eur J Clin Microbiol Infect Dis* 2003;22:470

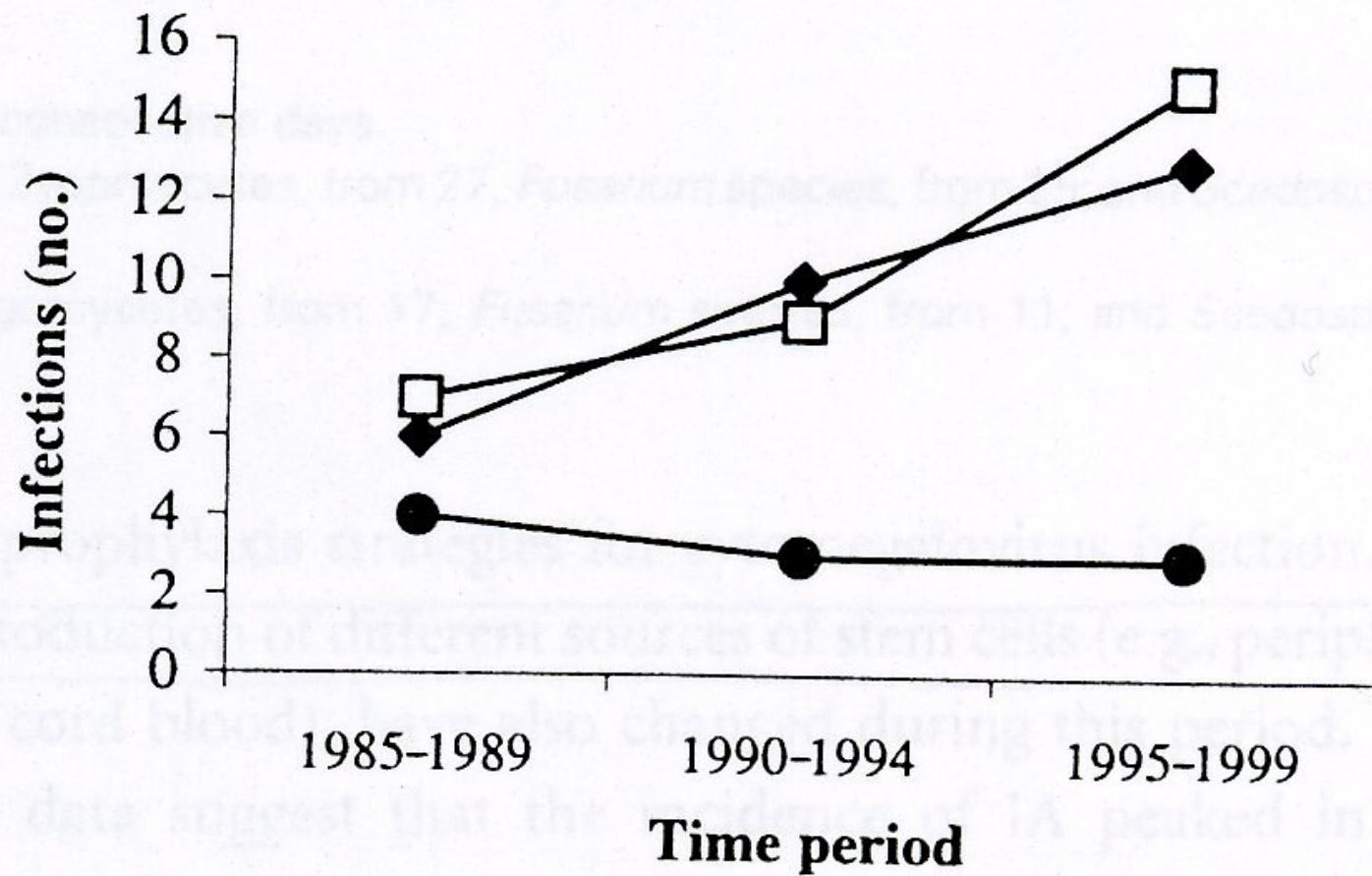
2 *Hachem et al Cancer* 2004;101:1594



**Fig. 2.** Concepts in emerging fungal infections.

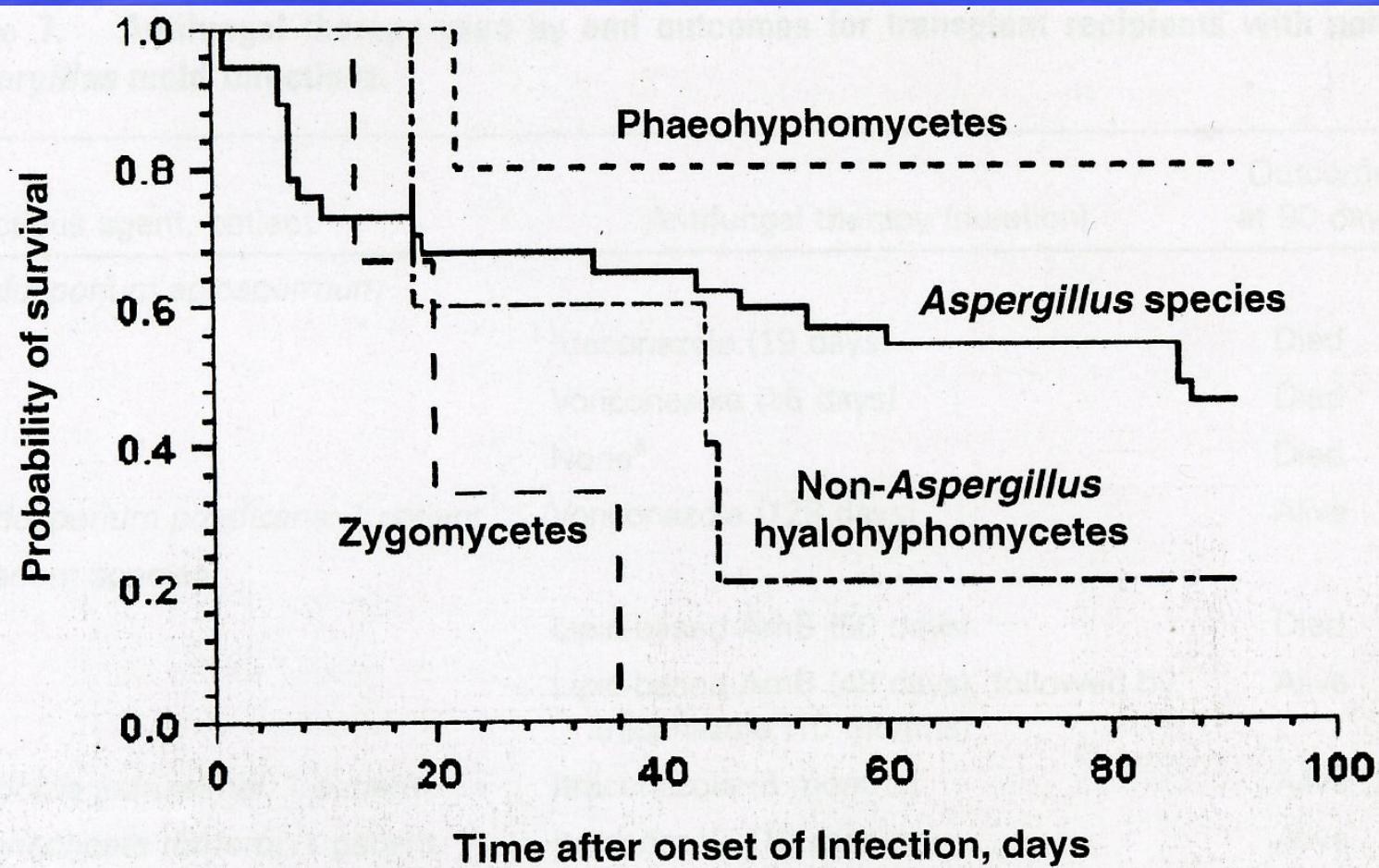
# Single center experience

*Marr et al, Clin Infect Dis 34:909, 2002*



# Multicenter study

Husain et al, Clin Infect Dis 2003;37:221



# Emerging mycoses (yeasts) characteristics

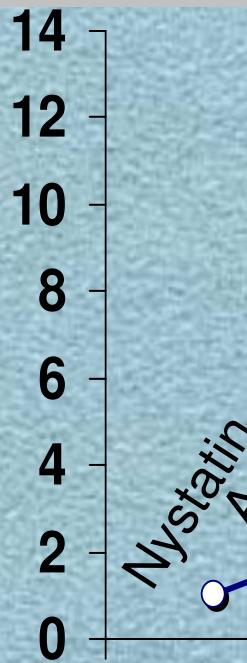
- *C. glabrata*,  
*C. krusei* fluco-R
- *C. parapsilosis* foreign body and biofilm formation
- *Rhodotorula* catheter related,  
in *vitro* R to flu- and candins,  
best azole in *vitro* posa
- *Trichosporon beigelli* Cross-reaction with crypto-  
breakthrough infections with empiric AmB in neutropenia

# Emerging mycoses (moulds) characteristics

- *Aspergillus terreus* R to polyenes
- *Scedosporium apiospermum* (*Ps. boydii*)
- *Scedosporium prolificans* (*inflatum*) Multiresistant
- *Phaeohyphomycosis* recurrences, surgery
- *Zygomycosis* Posa-S, Vori-R  
Caspofungin-R

# Mycology: The Last 50 Years

# of drugs



Nystatin  
Amphotericin B (1958)  
Griseofulvin

5-FC

Miconazole

Ketoconazole

Itraconazole

Fluconazole

L-AmB

ABCD

ABCO

Terbinafine

Sordarins

SOXMP

Anidulafungin

Ravucon

Micafun

Posacon

Voricon

Caspofungin

# New triazoles

- Voriconazole ( Pfizer )
- Posaconazole ( Schering – Plough )
- Raviuconazole ( Eisai/Bristol Myers Squibb)
- Vori and Ravi are i.v. or p.o., Posa only p.o.



# The New England Journal of Medicine

Established in 1812 as THE NEW ENGLAND JOURNAL OF MEDICINE AND SURGERY

VOLUME 347

AUGUST 8, 2002

NUMBER 6

## THIS WEEK IN THE JOURNAL

Article Summaries .....	381
Perspective: Stroke, Spasticity, and Botulinum Toxin .....	382
L.P. ROWLAND	

## ORIGINAL ARTICLES

Antiretroviral-Drug Resistance among Patients Recently Infected with HIV .....	385
S.J. LITTLE AND OTHERS	
Intramuscular Injection of Botulinum Toxin for the Treatment of Wrist and Finger Spasticity after a Stroke .....	395
A. BRASHEAR AND OTHERS	

Variant Cystic Fibrosis Phenotypes in the Absence of <i>CFTR</i> Mutations .....	401
J.D. GROMAN, M.E. MEYER, R.W. WILMOTT, P.L. ZEITLIN, AND G.R. CUTTING	

<b>voriconazole versus Amphotericin B for Primary Therapy of Invasive Aspergillosis</b> 408	
R. HERBRECHT AND OTHERS	

## IMAGES IN CLINICAL MEDICINE

Fistulizing Crohn's Disease .....	416
W. SANCHEZ AND E.V. LOFTUS	

## REVIEW ARTICLE

Medical Progress: Inflammatory Bowel Disease .....	417
D.K. PODOLSKY	

## CASE RECORDS OF THE MASSACHUSETTS GENERAL HOSPITAL

A 48-Year-Old Man with Persistent Erosive Oral Lesions .....	430
G.T. GALLAGHER AND S. LYLE	

## EDITORIALS

HIV Drug Resistance — A Chink in the Armor .....	438
M.S. HIRSCH	
What Is Cystic Fibrosis? .....	439
M.R. KNOWLES AND P.R. DURIE	

## CORRESPONDENCE

Psychological Sequelae of September 11 .....	443
Atrial Pacing in Sleep Apnea Syndrome .....	445
Imatinib Mesylate and Gray Hair .....	446
Celiac Sprue .....	446
Salt-Sensitive Hypertension .....	448
Immune Thrombocytopenic Purpura .....	449
Should Family Members Be Present during Cardiopulmonary Resuscitation? .....	450
Campath-1H-Induced Complete Remission of Chronic Lymphocytic Leukemia despite <i>p53</i> Gene Mutation and Resistance to Chemotherapy .....	452
BOOK REVIEWS .....	454
NOTICES .....	456
CORRECTION .....	458
CONTINUING MEDICAL EDUCATION .....	459

*Owned, published, and © copyrighted, 2002, by THE MASSACHUSETTS MEDICAL SOCIETY. All rights reserved.*

*Reprinted from*

THE NEW ENGLAND JOURNAL OF MEDICINE (ISSN 0028-4793).

Published weekly from Editorial Offices at  
10 Shattuck Street, Boston, Massachusetts 02115-6094 USA – Fax: (617) 734-4457

Business, Subscription Offices  
860 Winter Street, Waltham, Massachusetts 02451-1412 USA – Fax: (781) 893-8103

# Voriconazole *in vitro* activity

- Active against yeasts and moulds
- Fungicidal for a range of filamentous fungi including:

*Aspergillus* sp

*Scedosporium* sp

*Fusarium* sp

- Potent *in vitro* activity (fungistatic) shown against *Candida* sp, including *C.krusei* and *C.glabrata*
- Poor activity against Zygomycetes

# Voriconazole efficacy – animal studies

- Pulmonary and invasive aspergillosis
- *A. fumigatus* endocarditis
- Fusariosis
- Pulmonary cryptococcosis
- Invasive candidiasis

# Voriconazole – human studies

- Large-scale clinical trials: Efficacy in acute IA (primary therapy), candidal esophagitis, febrile neutropenia, refractory invasive candidiasis
- Smaller studies, case reports: Salvage therapy of IA, cerebral aspergillosis, Scedosporiosis, Fusariosis, Coccidioides meningitis....

# VORICONAZOLE

## clinical efficacy

<i>S.apiospermum</i>	2/6
<i>S.prolificans</i>	1/4
histoplasmosis,blastomycosis, coccidioidomycosis phaeohyphomycoses	3/5
( <i>Alternaria, Bipolaris, Exophiala</i> )	5/5
<i>paecilomyces</i>	1/3
total	12/23

**Fusariosis 45%, Scedosporiosis 30%,  
penicilliosis 90%**

*Perfect et al Clin Infect Dis 2003;36:1122*

# *Denning DW Lancet 2003;362:1142*

Highly active	Very active	Some activity	Inactive
<i>Candida albicans</i>	<i>Candida parapsilosis</i>	<i>Coccidioides immitis</i>	Zygomycetes
<i>Candida glabrata</i>	<i>Candida gulliermondii</i>	<i>Blastomyces dermatitidis</i>	<i>Cryptococcus neoformans</i>
<i>Candida tropicalis</i>	<i>Aspergillus fumigatus</i>	<i>Scedosporium spp</i>	<i>Fusarium spp</i>
<i>Candida krusei</i>	<i>Aspergillus flavus</i>	<i>Paecilomyces variotii</i>	<i>Trichosporon spp</i>
<i>Candida kefyr</i>	<i>Aspergillus terreus</i>	<i>Histoplasma capsulatum</i>	
<i>Pneumocystis carinii*</i>	<i>Candida lusitaniae</i>		

Highly active implies very low minimum inhibitory concentrations with fungicidal activity and good in-vivo activity. Very active implies low minimum inhibitory concentrations, but without fungicidal activity in most instances. Some activity implies detectable activity, which might have therapeutic potential for man (in some cases in combination with other drugs). Inactive implies no intrinsic activity. There are usually some differences between individual isolates within a species and there might be significant differences between echinocandins. \*Only active against cyst form, and probably only useful for prophylaxis.

Table 3: Range of activity of the echinocandins

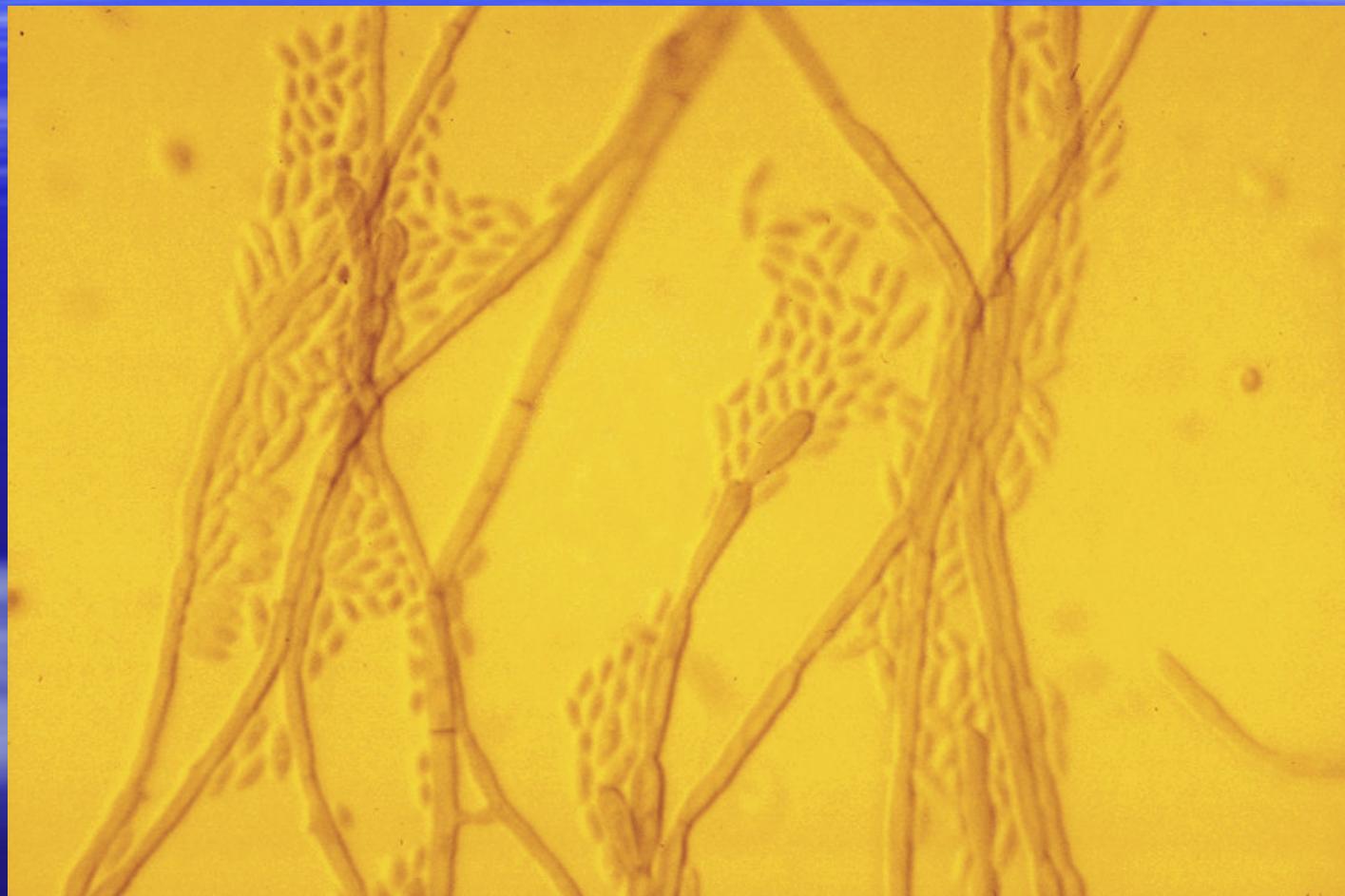
# *Paecilomyces* sp

- Two medically important species: *P. varioti* and *P. lilacinus*
- Several outbreaks in the last two decades
- Because of their unpredictable antifungal activity, *Paecilomyces* should be identified to the species level.
- Consider high-dose L-AmB or voriconazole + surgery

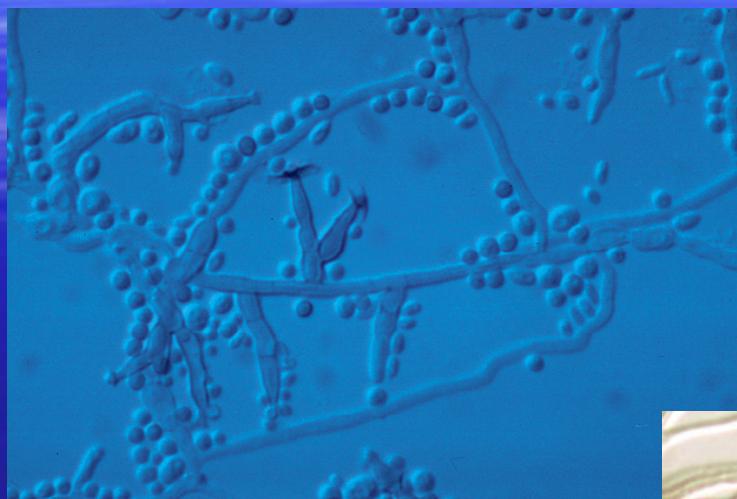
# *Alternaria alternata*



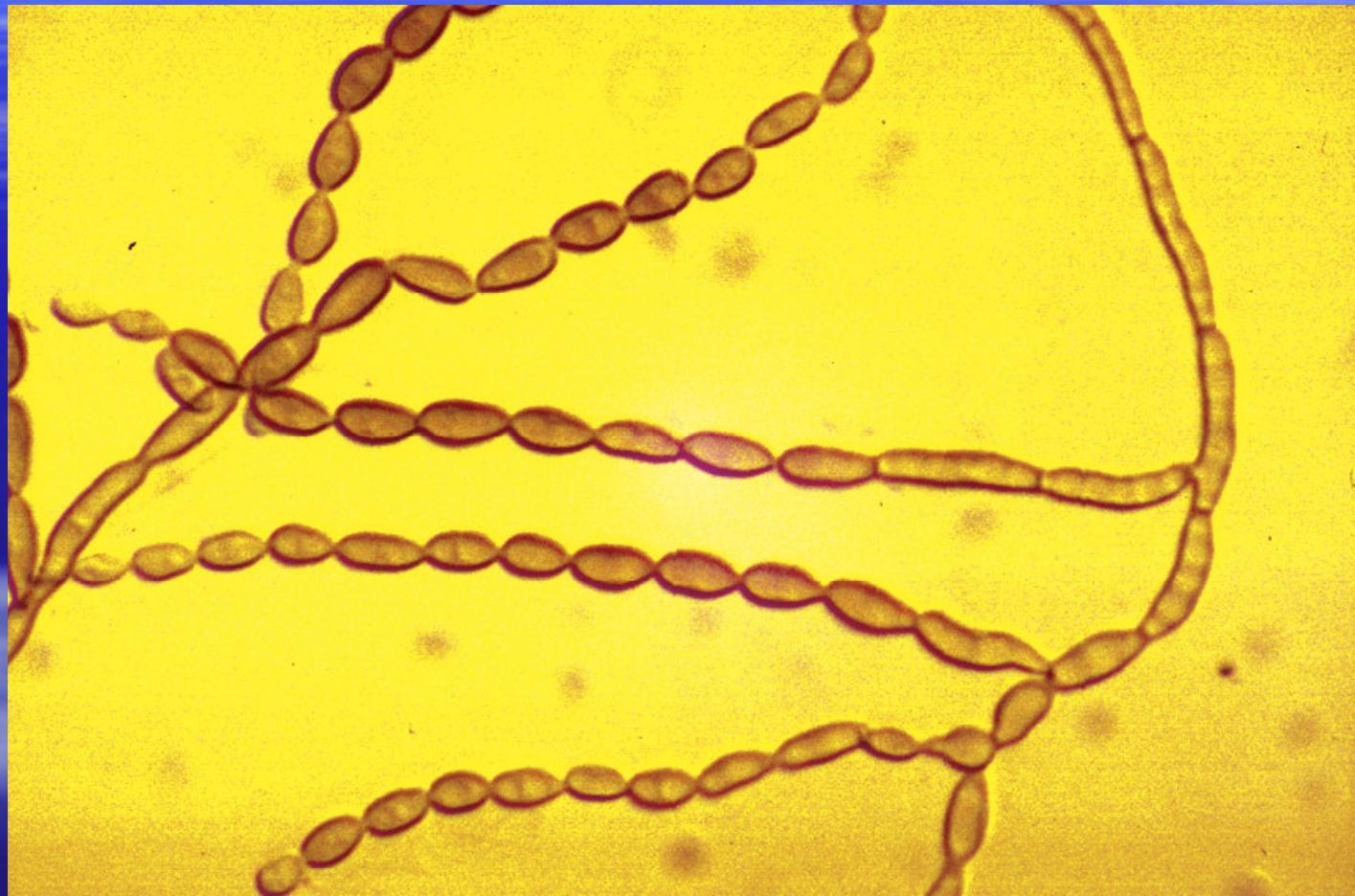
# *Wangiella dermatitidis*



# *Phialophora richardsiae* & *Phialophora verrucosa*



# *Cladophialophora bantiana*



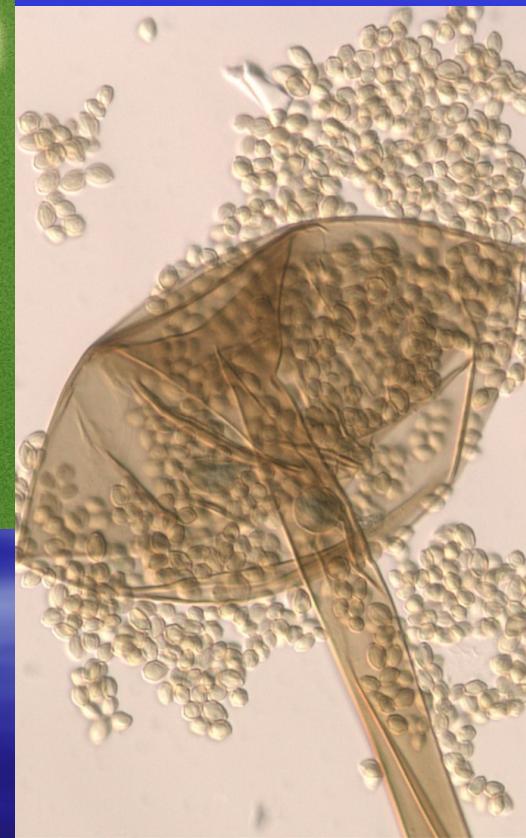
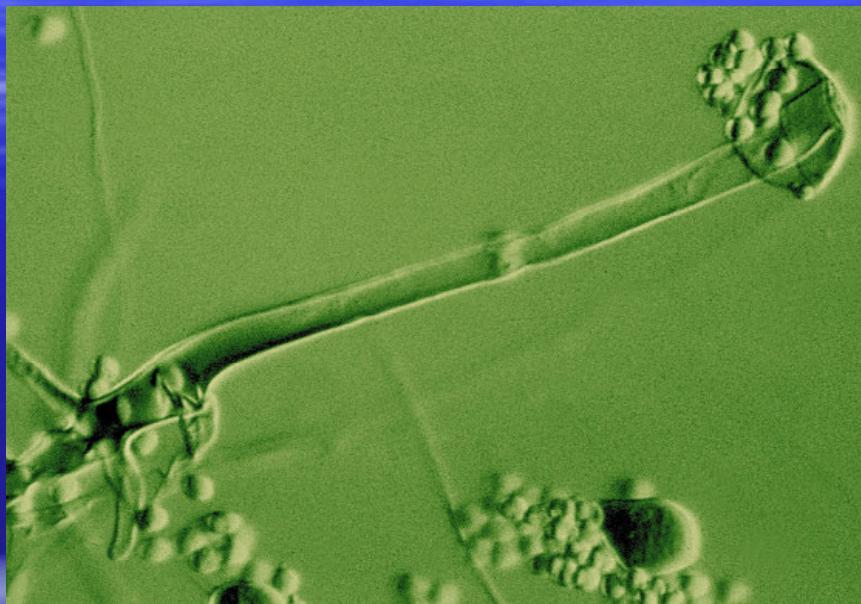
# Zygomycetes

## three sections strategy

- **High doses of D-AmB or L-AmB**
- Posaconazole: activity in vitro, in animal models. A response to salvage posa- therapy 70% in 23 BMT patients with proven or probable zygomycosis\*
- Voriconazole, echinocandins inactive
- **Surgical debridement**
- **Control of underlying disease** (diabetic ketoacidosis, neutropenia)

\*Greenberg et al. abstract M 1757, 43th ICAAC, 2003

Mucorales  
*Rhizopus arrhizus (oryzae)*

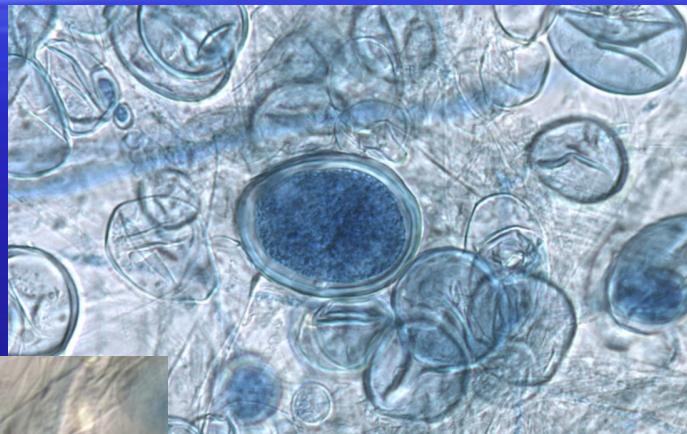
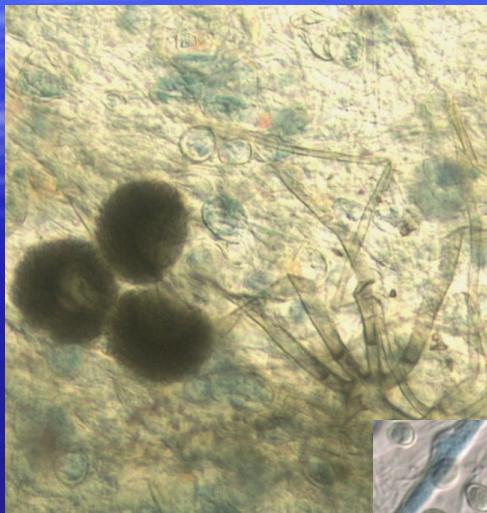


Mucorales  
*Absidia corymbifera*



# Mucorales

# *Rhizopus schipperae*



# *Penicillium marneffei* – endemic dimorphic fungi

- Important emerging pathogen in HIV infected patients in Southeast Asia or travellers to an endemic area
- Penicillosis has also been detected in immunocompetent children and adults
- *P. marneffei* is usually susceptible to both AmB and azoles
- Secondary lifelong prophylaxis in HIV individuals
- Impact of HAART?

# Cidal activity - any clinical significance?

Agent	yeast	Filamentous fungi
Polyenes	+	+
Echinocandins	+	-
Triazoles		
Voriconazole	-	+
Itraconazole	-	+/-
Fluconazole	-	-

- *In vitro experiments and animal models may ONLY SUGGEST what should be tested in humans*

# Pharmacological considerations and future perspectives in the era of new antifungal agents

*Sambatakou H.: 'Posaconazole: pharmacology and drug interactions'. September 2002*

[www.aspergillus.man.ac.uk](http://www.aspergillus.man.ac.uk)

# Breakthrough infections and drug resistance with emerging fungi. Warnings or an overestimation?

- Breakthrough Zygomycosis in HSCT patients receiving vori  
– 4 cases<sup>1</sup>
- Breakthrough Zygomycosis (Vori vs AmBisome) 2/0,  
Aspergillosis 4/13, *Candida* 2/6<sup>2</sup>
- Breakthrough yeast infections with *C. glabrata*, *C. neoformans*, and *C. Krusei* with vori
- *S. prolificans* resistance<sup>3</sup>

1 Marty F., Cosimi L. *N Engl J Med* 2004;350;9:950-2

2 Walsh T et al., *N Engl J Med* 2002 ;346(4):225-234

3 Perfect et al., *CID* 2003;36:1122-31

# Breakthrough fungal infections - VRC

SUMMARY Reference	Breakthrough I Incidence	Vori use / form/ duration th	Type of patients
Marty NEJM	Zygom 4/119	Px - ET / Oral 21-99d	HSCT + GVHD
Clement EBMT abst	Zygom 4	Px /ET Oral /iv	HSCT + GVHD
Marr CID	Zygo + C.glabrata 13/139	Px/ Combo th Oral /iv 4 – 110 d	HSCT
Siwek CID	Zygom 4/45	Px Oral	HSCT + GVHD
Mattner JID	Zygom 1	Px Oral	Lung T
Vigouroux CID	Zygom 4/93	Px Oral 7-30 w	HSCT

NOTE Px: Prophylaxis / ET: empiric therapy / CI: Confirmed Infection  
 HSCT: Heamatol. Stem Cell Transplant / GVHD: Graf vs Host Disease

# conclusions

- Emerging mycoses are a threat!!
- The outcome is usually very poor
- Special attention should be paid to the epidemiology of *Asp. Terreus* because of its intrinsic resistance to Amphotericin B
- Extended-spectrum azoles and echinocandins hold promise to expand our limited therapeutic options, but their role remains to be determined
- Increasing resistance to these new and very useful antifungal agents might be induced by their widespread use

# New considerations, challenges

- Combination antifungal therapy
- Immunomodulatory treatment
- New diagnostic modalities (non-culture based assays)
- In these infections, the host plays the major role in outcome!!!
- EARLY initiation of OPTIMAL treatment and CONTROL of the underlying disease: key components!!!

*“In God we trust,  
from others we require data”*

*BEN DE PAUW*

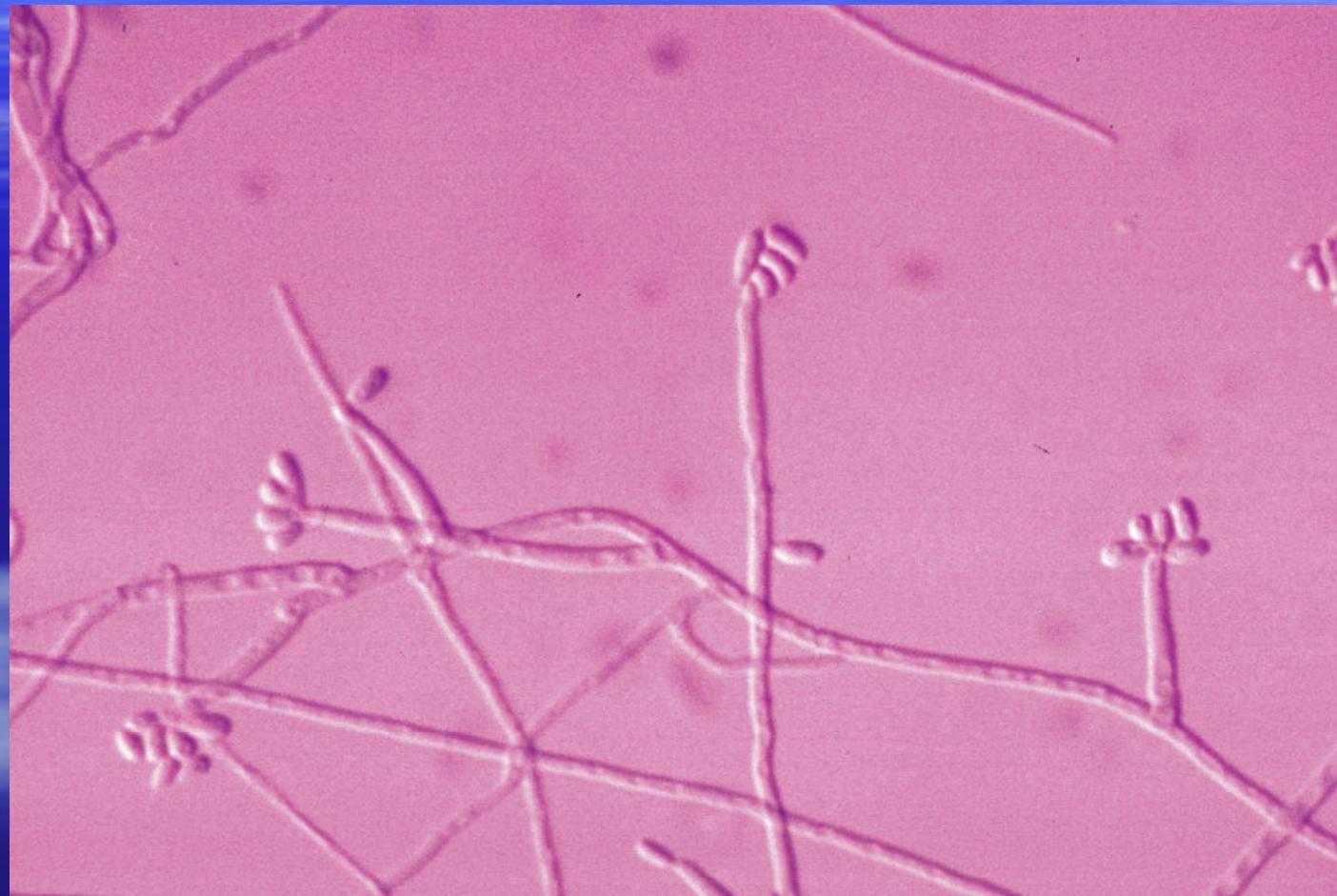
# *Bipolaris hawaiiensis* & *Bipolaris spicifera*



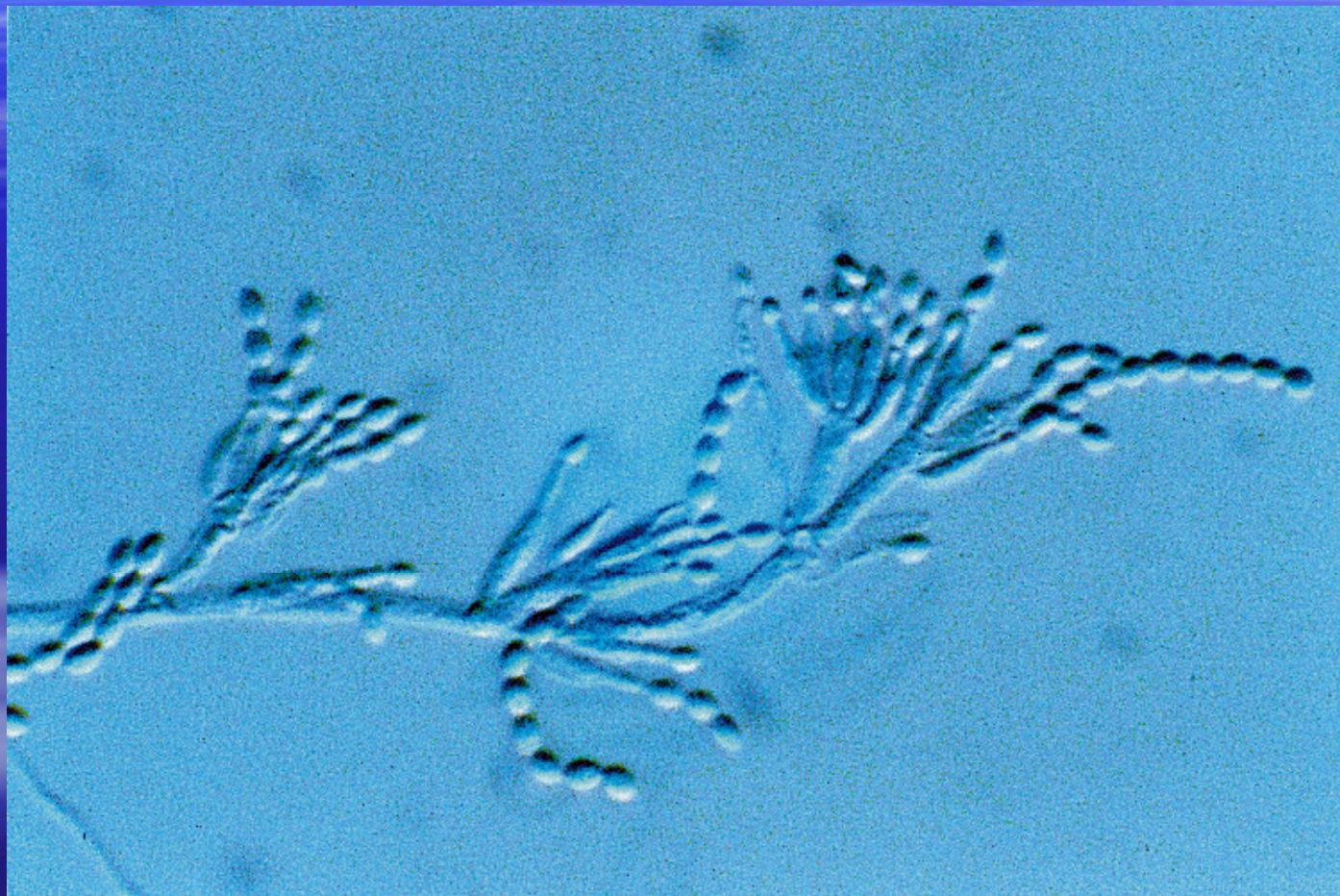
# *Curvularia lunata*



# Exophiala jeanselmei



# *Paecilomyces lilacinus*



# Phaeohyphomycosis

(*Alternaria, Bipolaris, Cladophialophora, Wangiella, Curvularia, Exophiala...*)

- The number of these moulds continues to increase
- Relapses early and late
- ***Exophiala*** infection from contaminated steroids\*
- Many of them are neurotropic
- The optimal medical and surgical treatment has not yet been established
- Extended spectrum triazoles: excellent activity
- Voriconazole - less toxic alternative than AmB for CNS infection

\* **MMWR 2002;51(49);1109**

# Phaeohyphomycosis

- High dose D-AmB or L-AmB or itraconazole or voriconazole
- In an animal model of *Ramichloridium* brain infection posa>itra and D-AmB\*
- Echinocandins: variable in vitro activity; less potent than new azoles
- **Surgery** is essential
- Treatment experience from case reports and small retrospective series

\**Al-Abdely et al Antimicrob Agents Chemother 2000;*  
*44(5):1159*

## *A. Terreus* infections

- *In vitro* and animal models suggest resistance to polyenes
- Retrospective review of 83 proven and probable cases of *A. terreus* infection
- Lung infection (90%); HSCT (45%)
- Overall mortality (66%), vori: 56% and polyene 73%
- Multivariable analysis: vori associated with improved survival ( $p=0.03$ )

*Steinbach et al, ICAAC, 2003*

# *Fusarium* infections

- Commonly R to AmB and fluconazole-breakthrough infections on empiric AmB therapy
- *F.solani* the most common pathogen, occasionally pathogenic: *F.moniliforme*, *F.oxysporum*, *F.proliferatum*
- In some centers, the third leading cause of fungal infections
- **Treatment of choice:** voriconazole or high doses of D-AmB or L-AmB,
- Posaconazole: promising activity (in vitro and animal data)
- **Immune reconstitution and control of the underlying disease** a major factor for a favorable outcome in disseminated infection

# *Fusarium solani*



# scedosporiosis

- Some strains of *S.apiospermum* and all strains of *S.prolificans* are intrinsically resistant *in vitro* to AmB.
- Variable *in vitro* resistance to itraconazole
- Caspofungin has demonstrated *in vitro* activity against *S.apiospermum* but no activity against *S.prolificans*
- **Voriconazole** FDA approval for *S.apiospermum* refractory to other therapies (60% efficacy series of case reports). *S. prolificans* less susceptible, but occasionally clinical response
- Posaconazole (*in vitro*, case reports), ravuconazole effective
- *In vitro* report of synergism AmB+pentamidine

# scedosporiosis

**Treatment of choice has not been established**

- ***S. Apiospermum*:**

voriconazole or itraconazole+ surgery

- ***S. prolificans*:**

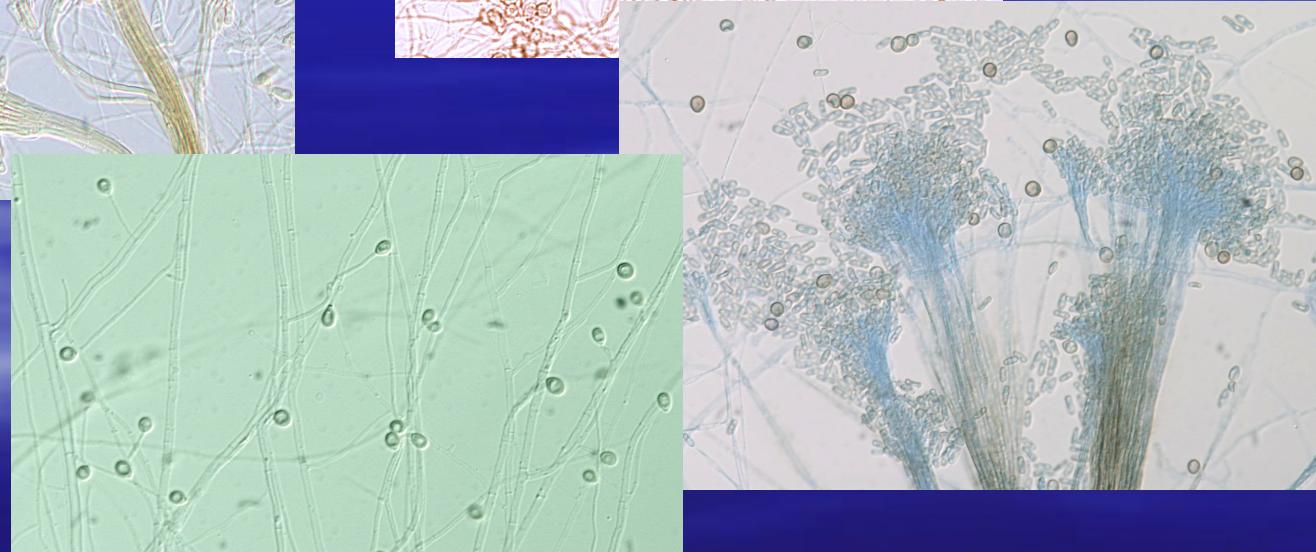
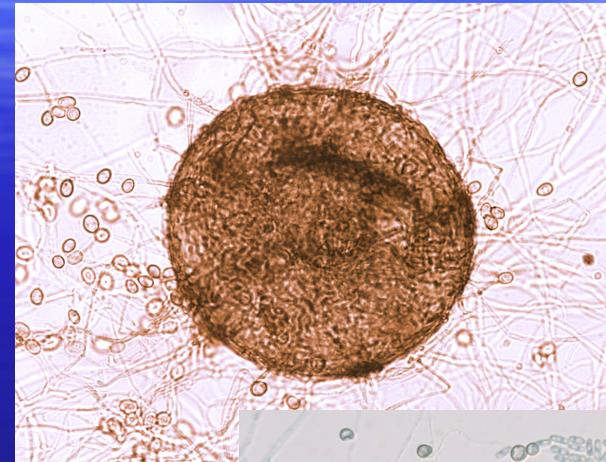
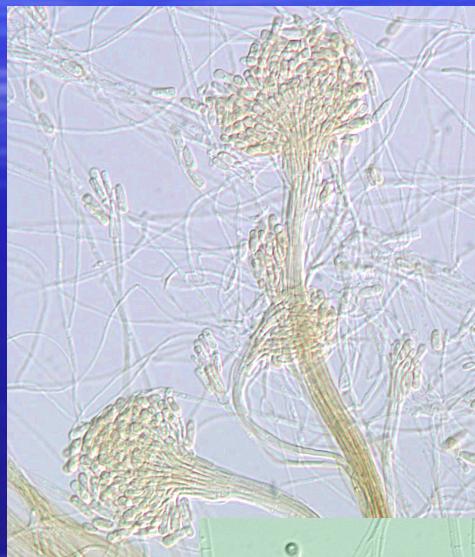
unknown – consider high dose L-AmB? or voriconazole?  
or itraconazole+**surgery**

Itraconazole+ terbinafine synergistic against *Sc prolificans*

**restoration of immune competence**

**surgical resection the only definitive therapy for *S. prolificans***

# *Pseudallescheria boydii* (*Scedosporium apiospermum*)



# *Scedosporium prolificans*

